



Cabin Fever Dance Weekend 2025 Schedule



Friday, February 7

Start	End		
6:00 PM	6:45 PM	Waltzing	Recorded music
6:45 PM	8:00 PM	Waltzing	Ice Cream Truckers
8:00 PM	8:45 PM	Contra	Ice Cream Truckers and Local callers
8:45 PM	9:30 PM	Contra	Ice Cream Truckers and Claire Takemori
9:45 PM	11:59 PM	Contra	Spintuition and Claire Takemori

Registration and information desk is open from 6:00PM until 11:30PM
Snacks will be available in the front hall during breaks.

Saturday, February 8 Daytime

Start	End		Imagination Gallery	Gym
9:30 AM	10:45 AM	Workshop	Salty Dog Rag Terry Doyle	Waltz w/Ice Cream Truckers
11:00 AM	12:15 PM	Workshop	Intro to Swing Cherry Lemons	English Country Karan Dotson
1:15 PM	2:30 PM	Workshop	Chestnuts: Money Musk, Petronella Dan Kappus	Role Swap Claire Takemori Ice Cream Truckers
2:45 PM	4:00 PM	Workshop	Morris Anna Claire Camp	Squares Claire Takemori Spintuition
4:15 PM	4:45 PM	Contra Medley		Spintuition Local Callers

Saturday, February 8 Evening

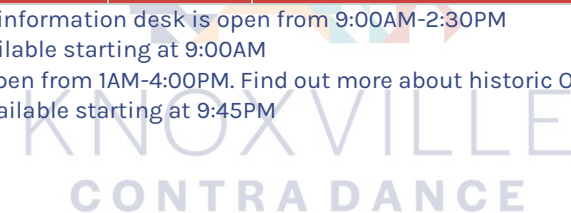
Start	End		
7:00 PM	8:00 PM	Waltz	Spintuition
8:00 PM	9:45 PM	Contra	Spintuition and Claire Takemori
10:15 PM	11:45 PM	Contra	Ice Cream Truckers and Claire Takemori
12:00 AM (Sunday)	1:00 AM (Sunday)	Late night contra	Open mike for callers

Registration and information desk is open from 9:00AM-5:00PM and 6:30PM-11:30PM
Coffee will be available starting at 9:00AM on Saturday
The Museum is open from 10:00AM-4:00PM. Find out more about historic Oak Ridge!
We will announce bands and callers for Cabin Fever 2026 during announcements starting at 9:30PM
Snacks will be available during breaks.
Callers who wish to call for the late night dance should sign up at the registration and information desk

Sunday, February 9

Start	End		
10:30 AM	12:00 PM	Waltz	Spintuition
12:00 PM	12:45 PM	Contra	Spintuition and Local Callers
1:00 PM	3:30 PM	Contra with	Ice Cream Truckers and Claire Takemori
3:30PM	5:00 PM	Cleanup	Volunteers especially welcome

Registration and information desk is open from 9:00AM-2:30PM
Coffee will be available starting at 9:00AM
The Museum is open from 1AM-4:00PM. Find out more about historic Oak Ridge!
Snacks will be available starting at 9:45PM





Cabin Fever Dance Weekend Information



Performers



Supergroup **Ice Cream Truckers** consists of Noah VanNorstrand, Kelsey Wells, and Helen Kuhar. Noah, fiddle, mandolin, and foot

percussion, is known for his work with Great Bear Trio. Helen drives the truck forward with their guitar playing. Kelsey is a champion fiddler and clawhammer banjo expert also known for being half of the duo Turnip the Beet. They often play with well-known New York fiddler Tim Ball. With their varied experience and stylistic expertise, Noah, Helen, and Kelsey bring many different flavors into the tastiest scoops of cool contra dance tunes around.



New England contra-band **Spintuition** has played everywhere on the east coast from Atlanta, Georgia to Montreal. Silas Hamilton (guitar, piano, fiddle, foot percussion),

Willy Clemetson (fiddle, foot percussion), and Samuel Foucher (accordion, piano) present a compelling mixture of spicy new tunes and glorious old ones in the styles of trad-Irish, French-Canadian, and Old Time..



Asheville based **Claire Takemori** has taught dances from Hawaii to the West coast, Idaho, Texas, and up & down the East coast. Claire brings the joy of dance, no matter the age range or occasion.

Workshop Descriptions

Chestnuts. Money Musk, Chorus Jig, Petronella, and Rory O'More are historically important contra dances that go along with specific tunes. Emphasis in this workshop will be on Money Musk, a triple minor dance. Don't know what that means? Come to this workshop to find out!

English County Dance. Lively and elegant 17th and 18th century English country dances. These are longways and set dances from the time of Jane Austen. No previous experience with the form required

Introduction to Swing Dancing. Swing and lindy hop are six-count American partner dances originating from the late 1920s that remain the basis of a thriving social dance scene even today.

Cherry Lemonds and Geoffrey Yerem will lead you through a basic routine in this style.

Morris Dance is the venerable ritual performance folk dance of the English Isles. Varied styles feature rhythmic stepping to live music by fantastically costumed dancers who sometimes hit each other with sticks. Come find out more.

Role Swap. Learn the advantages of dancing both roles. Topics include how the other dance role is different; tips for swapping roles with your partner; and parallel play with other couples. This workshop will be mostly dancing, with little teaching.

The **Salty Dog Rag** is an exuberant American couples dance that goes with a 1952 hit tune of the same name. It has been commonly danced in folk dance and contra dance events for many years.

Square Dance Dances in longwise sets, like contra, are only part of the American folkdance story. Come learn about contra's raucous country cousin, square dancing, which is done in a set of four couples.

About Oak Ridge

To produce the materials and to perform the research needed for the world's first atomic weapons, the US Army created three secret sites: Hanford (WA), Los Alamos (NM), and Oak Ridge (TN). In under three years, the Federal government cleared the sparse farms and settlements in this valley to build a sprawling development of housing and industrial plants. The existence of Oak Ridge and its purpose were secrets until the end of the war.

About the venue, the Children's Museum of Oak Ridge (CMOR)

From 1943 until 1973, this building was an elementary school. In 1974, the building reopened as a museum.

CMOR also houses the Manhattan Project National Historical Park Visitor Center. Rangers and volunteers are available to explain how a patch of farmland became a gated city that made the world's first atomic weapons.

Things to see nearby

More information about Oak Ridge attractions and restaurants is available on our website, www.knoxvillecontra.org.